

Registration Form

Mr./Mrs./Ms. _____

Tel: _____ (H) _____ (O)

_____ (HP)

Email: _____

Address: _____

No. of children attending workshop: _____

Name of child: (1) _____

(2) _____

Age(s) of children: _____

Is this the first time your child is attending a programme by Morning Star? Yes No

Please make cheque payable to Morning Star Community Services and enclose with completed registration form to Morning Star Community Services, Blk. 261B #01-400 Sengkang East Way Singapore 542261 (Registration will only be confirmed upon payment)

For official use: Cash Cheque

Bank/Chq no: _____

Amount: _____

Receipt no: _____

Hougang Centre

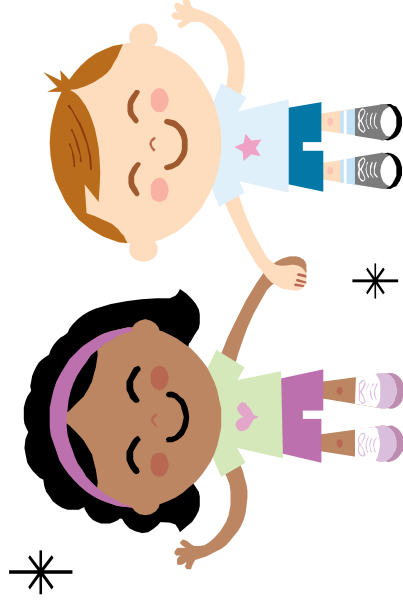


**Morning Star Community Services
Hougang Centre**
4 Lorong Low Koon, Singapore 536450
Tel: 62851377

**Register early
to avoid
disappointment**



Connecting Families, Growing in Community



*I am
Special
I am ME!*

**A school holiday programme
dedicated to building a child's
foundation for success**

* *I am Special, I am ME!* *

What is this workshop about?

A child's healthy self image provides the foundation to their succeeding in school and getting along well with their friends. Growing children's self esteem from a young age will give them a reservoir of resources that they need to bounce back from disappointments and failure at a faster rate. Learning from mistakes will also come more naturally instead of crushing the child emotionally. *

What will be the learning?

- Children will learn how to:
- Identify and celebrate their strengths *
- Use their strengths in daily life
- Grow a full Self Esteem Bank for themselves and others
- Combat various negative situations and support themselves
- Use their support network when needed

The learning points will be acquired through the use of games, role play, activities, music, and instruction by the trainer. *

Workshop Details:

Day and Date of workshop:
Tuesday, 17 March 2009

Time:
8.30am – 1.00pm

Venue:
Catholic Archdiocesan
Youth Centre Hall
No. 4 Lorong Low Koon
Singapore 536450
(Next to Morning Star's Hougang
Centre/Opposite Holy Innocents Pr
School)
Tel: 62851377



Fee:

- \$30 per child
- Siblings attending together: \$25 per child
- Morning Star's student care student: \$25 per child

(Fee includes all stationery, materials and one tea break)

Who should attend?

The *I am Special, I am Me* camp is for children aged 6/7 to 8/9 years. (Primary 1 to 3 levels).

Registration Closing Date:
Friday, 13 March 2009 *

Main Trainer:

Sophie Tay is a Counsellor and Trainer. She has a Master of Social Science in Professional Counselling from Swinburne University, Australia and is a certified Practitioner of Neuro-Linguistic Programming and Time Line Therapy. Sophie has trained for organisations such as Association of Women for Action and Research (AWARE) and Eagles Mediation and Counselling Centre. In addition, she has practised counselling at Mt Elizabeth-Charter Behavioural Health Services

Morning Star Community Services is a registered independent non-profit, voluntary welfare organisation and a member of the National Council of Social Service. The organization has run programmes for children and teens in several schools under the School Family Education and Step-Up umbrella of the Ministry of Community Development, Youth and Sports. *

**Please call Sharon at 63158812
for enquiries or email
programs@morningstar.org.sg**