

Registration Form: I am Special, I am ME!

Mr./Mrs./Ms. _____

Tel: _____ (H) _____ (O)

_____ (HP)

Email: _____

Address: _____

No. of children attending workshop: _____

Name & age of child:

(1) _____

(2) _____

No. of parents attending workshop: _____

How did you get to know about this workshop? _____

Please enclose **Cheque payable to Morning Star Community Services** together with Completed registration form to

Morning Star Community Services,
Programmes Dept

Blk 261B #01-400 Sengkang East Way S (542261)

(Registration will only be confirmed upon payment)

For official use: Cash Cheque

Bank/Chq no: _____

Amount: _____

Receipt no: _____

Sengkang Centre



Morning Star Community Services
Sengkang Centre

Blk 261B Sengkang East Way, #01-400
Singapore 542261.
Tel: 6315 8812

Registration Closing Date:
1 March 2012



**Register early
to avoid
disappointment**



Connecting Families, Growing in Community



*I am
Special,
I am ME!*

**A programme dedicated to
building a child's foundation for
success**



What is this workshop about?

Setting our kids up for success! ★

A child's healthy self image provides the foundation to their success in school and getting along well with their friends.

Growing a child's self esteem from a young age will give them a reservoir of resources that they need to help them bounce back from various disappointments and failures that they face in their daily lives at a faster rate.

Thus, learning from mistakes will also come more naturally instead of crushing the child emotionally.

The learning

Children will learn how to: ★

- Identify and celebrate their strengths
- Use their strengths in daily life
- Grow a full Self Esteem Bank for themselves and others
- Combat various negative situations and support themselves
- Use their support network when needed

Parents will learn ★

- Ways to nurture and grow their child's self esteem bank
- Ways to connect and bond with their children

Workshop conducted will be **experiential**; consisting of **interactive activities** and **games** as a mode of learning

Workshop Details

Date & Time of workshop

Saturday, 10 March 2012

- 9.30 am - 1.30pm (**children only**)
- 1.30pm - 5.00pm (**parent-child**)

Venue

Morning Star Community Services
Sengkang Centre
Blk 261B Sengkang East Way, #01-400
Singapore 542261
Tel: 6315 8812

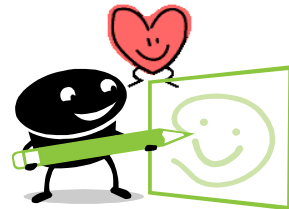
Fee

- \$35 per child
- \$20 per parent

(Fee includes all stationery, materials, lunch and tea breaks)

Who should attend?

The ***I am Special, I am Me*** camp is solely for children from **Primary 1 to 3 levels** and their **parents**.



Please call Shuba at 6315 8812
for enquiries or email
programs@morningstar.org.sg

Indemnity form

I understand that my child's participation in these activities is purely voluntary. I also understand that all necessary precautions will be taken to ensure the safety of my child. I undertake not to hold Morning Star Community Services responsible for any accidents and injury that may occur as a result of my child's participation in these activities.

Name & Signature of Parent/ Date

Trainers

Vincent Soo, has a Master of Social Science (Counselling) and a Bachelor of Arts (Psychology). He is passionate to assist individuals in discovering and developing their strengths; facilitating growth in personal and professional life. He has been conducting parenting talks, coaching parents in enhancing their parenting skills.

Latha Segaran, has a Bachelor of Science (Psychology) works with parents, youths and children individually and in groups for a variety of issues such as anger management, conflict resolution and effective communication. Latha has also been trained in Applied Behaviour Analysis coupled with Contemporary Behavioural Therapy.