

**Registration Form: I am Special, I am ME!**

Mr./Mrs./Ms. \_\_\_\_\_

Tel: \_\_\_\_\_ (H) \_\_\_\_\_ (O)

\_\_\_\_\_ (HP)

Email: \_\_\_\_\_

Address: \_\_\_\_\_

No. of children attending workshop: \_\_\_\_\_

Name of child: (1) \_\_\_\_\_

(2) \_\_\_\_\_

Age(s) of children: \_\_\_\_\_

Gender: Boy / Girl

No. of parents attending workshop: \_\_\_\_\_

How did you get to know about this workshop? \_\_\_\_\_

***Please make cheque payable to Morning Star Community Services and enclose with completed registration form to Morning Star Community Services, Blk 261B #01-400 Sengkang East Way S(542261)***

***(Registration will only be confirmed upon payment)***

<p><b>For official use:</b> <input type="checkbox"/>Cash <input type="checkbox"/>Cheque</p> <p>Bank/Chq no: _____</p> <p>Amount : _____</p> <p>Receipt no: _____</p>
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**Hougang Centre**



**Morning Star Community Services  
Hougang Centre**

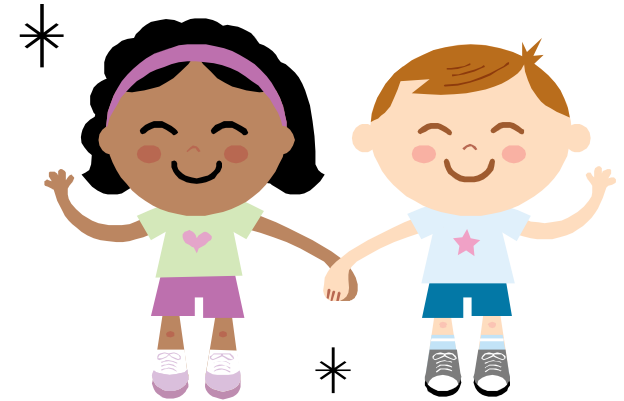
4 Lorong Low Koon, Singapore 536450  
Tel: 62851377



Register early  
to avoid  
disappointment



**Connecting Families, Growing in Community**



*I am  
Special,  
I am ME!*

**A programme dedicated to  
building a child's foundation for  
success**

## What is this workshop about?

### Setting our kids up for success!

A child's healthy self image provides the foundation to their succeeding in school and getting along well with their friends.

Growing children's self esteem from a young age will give them a reservoir of resources that they need to bounce back from disappointments and failure at a faster rate.

Learning from mistakes will also come more naturally instead of crushing the child emotionally.

## What will be the learning?

### Children will learn how to:

- Identify and celebrate their strengths
- Use their strengths in daily life
- Grow a full Self Esteem Bank for themselves and others
- Combat various negative situations and support themselves
- Use their support network when needed

### Parents will learn how to:

- Grow their child's self esteem bank
- Help them overcome challenges

The learning points will be acquired through the use of games, role play, activities, music, and instruction by the trainers.

# *I am Special, I am ME!*

## Workshop Details:

### Day and Date of workshop:

Saturday, 30 April 2011

### Time:

9.30am to 2.00pm (for children, lunch is provided)

2.00pm to 5.00pm (for parents and children)

### Venue:

Morning Star (Hougang Centre)

No. 4 Lorong Low Koon

Singapore 536450

(Opposite Holy Innocents Pr School)

Tel: 62851377

### Fee:

\$35 per child

\$20 per parent

(Fee includes all stationery, materials, lunch and tea breaks)

## Who should attend?

The *I am Special, I am Me* camp is for children aged 7 to 9 (Primary 1 to 3 levels) and their parents.

**Registration Closing Date:  
21 April 2011**

## Trainers:

**Vincent Soo**, has a Master of Social Science (Counselling) and a Bachelor of Arts (Psychology). He is passionate to assist individuals to discover and develop their strengths, and facilitate them to grow in their personal and professional life through counselling, coaching and mentoring. Vincent has been working with different groups of youths for more than 10 years. He has been conducting parenting talks and workshops to coach parents in enhancing their parenting skills.

**Latha Segaran**, works with parents, youths and children individually and in groups for a variety of issues such as anger management, conflict resolution and effective communication. Latha has been trained in Applied Behaviour Analysis (ABA) coupled with Contemporary Behavioural Therapy, pioneering her work with children who have been diagnosed with Autism Spectrum Disorder (ASD) as a Behavioural Therapist with Autism Partnership.

**Please call Nora at 6315 8812 for enquiries or email [programs@morningstar.org.sg](mailto:programs@morningstar.org.sg)**